



**DAILY ANNOUNCEMENTS  
WEDNESDAY  
JANUARY 28, 2026**

**THE LAST DAY FOR SEMESTER 2 COURSE CHANGES** is Friday January 30<sup>th</sup>.

Due to the staff meeting this afternoon, there will be **no jazz band rehearsal after school today**. Mr. Kellas will see you on Friday morning at 7:30am, and he will have some exciting information for some special guests for rehearsal next week! See you on Friday morning!

**GIRLS SOCCER:** There will be no practice this week and practices will start on Wednesday, Feb 4th after school.

**GRADS** – Please complete the Cap & Gown ordering form on Google Classroom. Due by Feb 16<sup>th</sup>.

**GRAD PHOTOS** are happening at Ballenas February 2-5. Book now at [Concept Photography](#). Find the link on the [Ballenas Website](#).

**ROCK PAPER SCISSORS:** The school wide rock paper scissors battle is only one day away! Tomorrow morning while entering the school collect a necklace and stamp, then the games are officially on! After a morning battle of rock paper scissors, the students with the most necklaces will head to the mpr during C block for one last challenge, the best of the best. 1st place will earn a visa gift card, while 2nd gets a starbucks gift card. To really get the rules memorized be sure to check out the posters around the school!

**ESCAPE THE VAPE IS BACK!** Are you looking to cut back/quit smoking, escape the vape, help to forget the upperdeckie. Want to quit the Nic, go talk to Nik in the HUB... we have prizes to help motivate you to achieve your goal.

**GSA** meets in room 908 on Wednesdays at lunch.

**BALLENAS GUYS GROUP:** The Guys Group meets in the Band Room (Rm. 914) Thursdays at lunch. Guys Group brings together students, teachers, and mentors for a place to chat and listen to each other. This mentoring group is open to students and adults here at BSS, and it's a great place to connect with others. There is no pressure to talk or share anything if you don't want to. Please see Mr. Kellas or Mr. Bambrough if you have any questions about Guys Group. See you on Thursday!

**TEEN SWIMS AT RAVENSONG AQUATIC CENTRE** are suspended January 23 and 30 due to the RDN's need to evaluate the future of the program. Further enquiries can be directed to 250-248-3252 or 250-752-5014.

**LUNCH MENU**

WEDNESDAY – Chicken Noodle Soup

THURSDAY – Grilled Cheese

FRIDAY – Pizza

Hay cep qa (thank you)